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Parts of My Body

Points to Know :

- ▣ Parts of The Body
- ▣ Sense Organs



Getting Started

One fine day, the teacher is asking the students to answer her riddles.

These are used to look at the beauty around us. They help us to admire our surroundings. Can you guess what I am referring to?

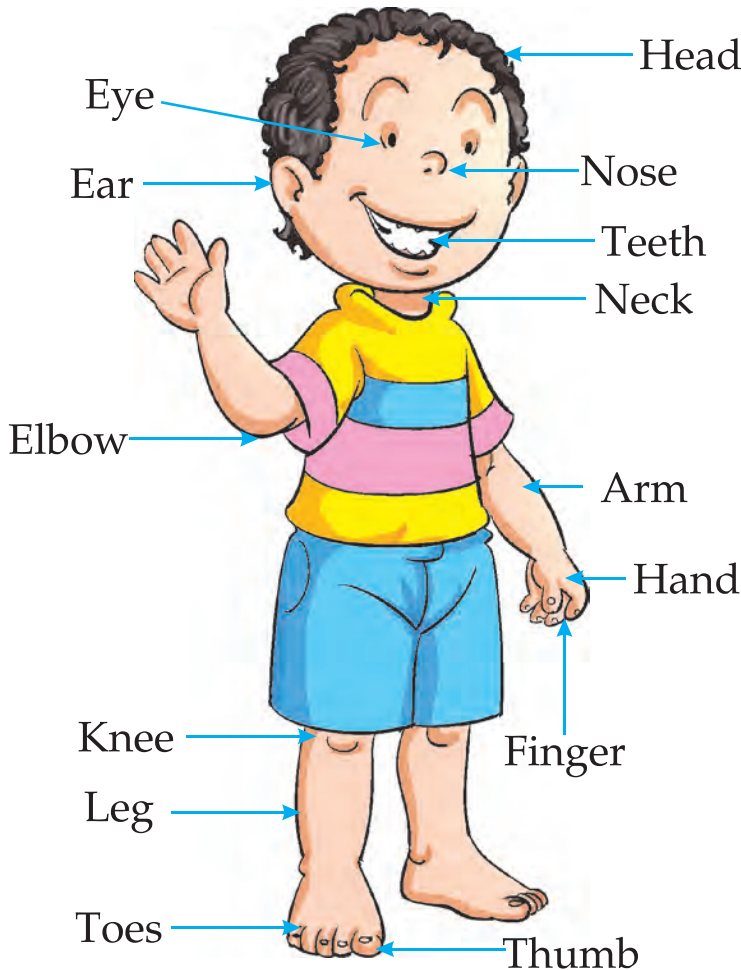
They help us to listen to chirping of birds and pitter-patter of rainfall. Tell me what they are?



Parts of the Body

The human body is comprised of many parts. Arun has drawn the given picture to show various body parts.

Different body parts help us to do various things.



Body Part	Help us to
Hands and fingers	Push, pull, hold, eat, write and catch, etc.
Legs and feet	Walk, run, dance and jump, etc.
Teeth	bite, chew and move the food, etc.
Mouth	Eat, speak and sing, etc.



Things to Know

- ◆ Always keep your body parts clean.



CAN YOU GUESS ?

How many thumbs do you have?



A boy holding a bat



A girl skipping rope



A boy drinking milk



A girl singing a song



Sense Organs

The organs which help us to sense our surroundings are called **Sense Organs**. They are five in number—1. Eyes, 2. Ears, 3. Nose, 4. Tongue, 5. Skin.



Activity

1. Close your eyes. Try to pick up your pencil box from the table. Could you do it? Now open your eyes. Now you can pick the pencil box easily. So, what do our eyes do for us?

Our eyes help us to see.

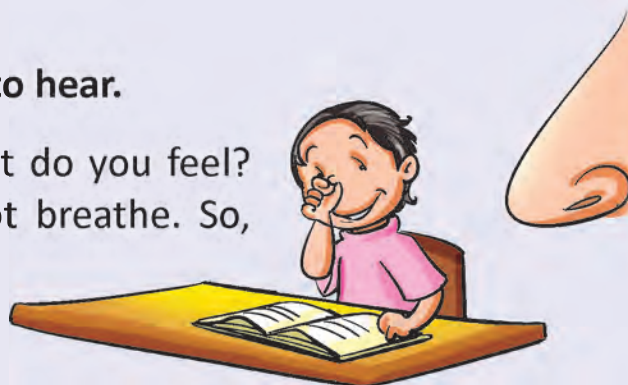


2. We can easily tell the direction from where a sound is coming. Now, put cotton plugs into your ears? Can you still hear the sounds? No, you cannot. So, what do our ears do for us?

Our ears help us to hear.

3. Close your nose with your fingers. What do you feel? You feel suffocated because you cannot breathe. So, what does our nose do for us?

Our nose helps us to breathe.



4. Take a ripe mango. Cut a piece and put it in your mouth. Can you tell its taste? Yes, you can. So, what does our tongue do for us?

Our tongue helps us to taste.

5. Your mother is wearing a silk saree. When you touch it, you feel it is very smooth. How could you do so? We know many things just by touching them. The skin covers our whole body. So what does our skin do?

Our skin helps us to feel.



Now, sing along.

Two little eyes to see the world
One little nose to smell the curd
Two little ears to hear mother call
Ten pink fingers standing up tall
Two strong legs that walk and race
One pink tongue that helps me to taste.



Words to know

Riddle	:	Puzzle
Various	:	Many
Admire	:	Look at something with pleasure.
Chirping	:	Short sharp sound



Revision

- ❖ The human body is comprised of many parts.
- ❖ The organs which help us to sense our surroundings are called sense organs.
- ❖ Our Sense Organs are eyes, ears, nose, tongue and skin.

Exercise



A. Tick (✓) the correct answer :

- The human body is comprised of many :
(a) parts (b) hearts (c) None of these
- Always keep your body parts :
(a) green (b) clean (c) Both of these
- How many thumbs do you have?
(a) One (b) Two (c) Three
- Our tongue helps us to :
(a) eat (b) taste (c) sing



5. Our ears help us to :

(a) hear

(b) talk

(c) see

B. Fill in the blanks with words from the help box :

five, comprised, nose, surroundings, skin

1. The human body is _____ of many parts.
2. Sense organs help us to feel our _____.
3. Sense organs are _____ in number.
4. The _____ covers our whole body.
5. Our _____ helps us to breathe.



C. Match the following :

Column 'A'

1. Eyes
2. Ears
3. Nose
4. Tongue
5. Skin

Column 'B'

- (a) Touch
- (b) Taste
- (c) See
- (d) hear
- (e) Breathe

D. State whether True or False :

1. Our body is made of only one part. _____
2. Different body parts help us to do various things. _____
3. Sense organs are six in number. _____
4. Our eyes help us to see. _____
5. We know many things by just touching them. _____

 **Activities**

- A. Bring one fruit each to the class (banana, orange, guava, mango, apple, grapes, etc.). Request your teacher to cut the fruits into pieces and put them in a bowl. Blindfold a child. Let the child pick up a fruit and guess its name by touching and smelling it. If the child guesses right, he can eat it. If not, he has to put it back in the bowl. Repeat the activity with the other children in class.**
- B. Take a chart paper. Collect pictures of different body parts from magazines and paste them on the chart. Write the name of each part below the picture. Put the chart up in the class.**

